



— Winter 2019 —

*First Presbyterian Church of Aberdeen*

## FROM THE PASTOR

“be angry and do not sin”

Ephesians 4:26

Dear community and friends of First Presbyterian Church,

I heard David Powlison say once that “people tend to respond to trouble with more trouble.” I remember hearing a story of a man who kept a dozen golf balls in his glove compartment. When someone would cut him off in traffic he would speed up and pass the car, move into his/her lane, and then proceed to toss golf balls out of the sun-roof in hopes of hitting the car that cut him off. This is kind of terrifying when you are talking about speeds of 70 miles per hour in busy traffic.

Anger happens. It is a natural and often unconscious response to something that you don't like. Some anger explodes and some anger simmers. Some anger plays out in minor irritations at daily frustrations – complaining and grumbling. Some anger takes on intense forms of bitterness, hostility, even plotting and planning

the pain or suffering of others (or at least relishing in the thought of such suffering). Anger can often lead to fear and anxiety which plays out in a multitude of destructive ways. And anger is no respecter of persons. Children get angry at parents. Parents get angry at children. People with great wealth get angry. People with very little means get angry. Men get angry. Women get angry. Teenagers think it's their job to be angry.

Anger also reveals much. The things in which you get angry about reveal the things you care about the most. The stereotypical angry father who sits in his lazy-boy and barks at his kids all night is responding to something he doesn't like. He wants to sit in his chair and watch the game. His kids' horsing-around which leads to fighting and then turns into crying is getting in the way of the father's R & R. So he gets angry. But he doesn't just get angry for the sake of getting angry he gets angry because he cares about something. In this case what he cares about is selfish, he'd rather veg out and forget about life for a while more than productively interact with his kids. But his anger comes from somewhere – it reveals what he cares about

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most, namely, himself.

But anger can also be good. Powlison writes that anger “says ‘That’s wrong’ and energizes us to address real problems. God, who is good and does good, expresses good anger for a good cause. Jesus gets good and angry – in the service of mercy and peace. He is willing and able to forgive us for our anger gone bad. He is willing and able to teach us to do anger right.” When an innocent child is hurt by someone it is right to get angry. When someone steals your Amazon Prime order from your front porch before you get home from work it is right to get angry. Both of those situations are wrong. But, it is also wrong to respond in kind by throwing golf balls at their car at 70 mph.

As followers of Jesus we want to be angry at the right things, the things that are really wrong in the world in which we live. But we want to respond to that anger in a way that brings justice, light, restoration, renewal, and hope to the situation. In other words we want to respond to trouble not with more trouble but in a way that constructively and fruitfully brings new possibilities to the situation. Paul writes to the church in Ephesus, “be angry and do not sin.” He then goes on to describe a variety of ways that we can respond positively to our anger and tells us about the resources that God gives to empower us to do so.

During Lent this year our Soup and Study is going to look at this topic of anger. We will be meeting on Wednesday nights at 6:30pm starting March 13<sup>th</sup> and we’ll meet for six weeks leading up to Easter. We will take an honest look at our own anger and how it reveals what we care about the most and then we will look at how Jesus invites us and empowers us to be both good and angry – to redeem our anger by acting redemptively.

We would love to have you join us!

Grace and peace,

Doug

# WHAT'S HAPPENING

## **ASH WEDNESDAY, LENT AND SOUP AND STUDY**

**Ash Wednesday is on March 6<sup>th</sup>.** We will have a simple soup and bread dinner at 6:30pm followed by an Ash Wednesday service of songs, scripture, and communion. Ash Wednesday marks the beginning of Lent, the 40 days leading up to Easter. During Lent we will have a Soup and Study on Wednesday nights on the topic of anger called Good and Angry. We will look at why we get angry, what our anger reveals about us and the things we care about, and how God calls us to use our anger to bring about positive change in our relationships and in our community. **The Soup and Study sessions will begin on Wednesday, March 13 at 6:00pm.**

## **AGING AND END OF LIFE CARE WORKSHOP     SATURDAY, MARCH 16<sup>TH</sup> 10AM-1:30PM**

There are numerous questions and decisions that individuals and families need to make as they or their loved ones get older. Often these topics are avoided because they are complicated or awkward. We want to help equip the church family and the community with some resources to help begin the conversation and answer some basic questions about the variety of issues that surround aging and end of life care. We will have a few representatives from the healthcare profession giving information on a range of topics from nursing homes to financing and Medicare to the different end of life directives etc. We will also have Bill Morgan give a presentation on the legal side of some of these questions – living wills, estate planning, etc. And then we will also have a short presentation on how churches, like ours, can continue to equip and serve and utilize the gifts and wisdom and experience of aging congregation members. This is a free workshop for the whole community and we will have refreshments and a light lunch for all attendees.

## **FAMILY PROMISE**

After almost 2 years of preparation and planning and prayer the Family Promise program has made it to Grays Harbor. Family Promise is a national program with over 200 affiliates that provides stable shelter for families. The purpose is to keep children together with their parents/guardians who are in unstable or have no permanent housing. Currently 11 churches in Grays Harbor have partnered together and each church will house the families in their buildings for one week intervals four or five times a year. The families will rotate to a different church each week. During the day the families are brought to the Family Promise Day Center (which is currently at Amazing Grace Lutheran Church) where there are showers, laundry facilities, computers as well as a Director and a part-time Social Worker who will work with each family to help them secure employment (if needed) and safe and stable permanent housing. We were scheduled to be the first host church but Family Promise was not able to find a family for the first week and so we will likely host sometime in April of 2019.

# WHAT'S HAPPENING

## **RECOVERY GRAYS HARBOR**

Recovery Grays Harbor is currently in the re-visioning process. Currently our church continues to provide space on Tuesday and Friday nights for the CMA 12-step recovery group. We are also continuing to provide meals on Friday nights before the group meeting. However, the Recovery Grays Harbor Oversight Team met for the first time on February 13<sup>th</sup> to begin asking the questions: What has been successful over the last several years? What have we learned? What aspects of the program would we like to continue? What aspects of the program can we realistically continue? And other questions like these. The team which currently consists of Elinor Robinson, Floyd Plemmons, Scott Light, Harry Carthum, Doug Basler, Margo Hood and Stephanie Becker is in the process of looking at what funding their might be available and how best we want to move forward. Please be in prayer for this ministry and wisdom for what our church can and cannot do.

## **FOOD BANK**

Aberdeen Food Bank continues to utilize our basement for weekly distribution of food. The Food Bank began here this past summer and is still looking for a permanent home. We are praying for a 2000+ square foot building somewhere in the central Aberdeen area. So far we have been unable to find the right building that fits the Food Bank's budget and/or doesn't require too much work. If you know of a building that might even be a possibility we are able to think creatively with space. The weekly distribution has been going well and we are grateful for First Presbyterian Church's hospitality and space. We also received a very generous check from Aberdeen High School from their Fall Football Fundraiser. Please continue to pray for the Food Bank and for the right "home" to open up.

## **FOSTER THE HARBOR**

In addition to the Food Bank, Family Promise and other programs in which multiple churches are working together we are also almost one year out from the first Foster the Harbor event. This took place last May and was informational gathering to just look at the reality of the number of Foster kids in Grays Harbor, the huge number of kids who actually have to be placed outside of the county because of a lack of foster families, and ways in which local churches can help support kids, families, DSHS, and the whole Foster-Care network. In February, Grays Harbor Four-square Church hosted a Valentines Evening for Foster-families and provided a prime-rib dinner, childcare as well as some entertainment. This event went really well, the families felt blessed and relaxed and enjoyed two hours of distraction free conversation. The Foster the Harbor team is working on scheduling monthly dinners like this as simply a way to serve foster families and remind them that the church of Grays Harbor is here to support them. We will give you more

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information as it comes on when and where these dinners will be held if you'd like to get involved. We also had the first two children placed in a home here in Aberdeen from a family who went to the event last May and began the process of licensing to become Foster Parents. Please continue to pray for this vital ministry for the children of our community and the families that are supporting them.

## GREETINGS FROM STEWARDSHIP!

### JANUARY 2019 FINANCIAL REPORT

For January, budgeted income was \$10,885.91

For January, actual income was \$15,557.80

January budgeted expenses were \$16,078.48

January actual expenses were \$15,355.76

This represents \$202.04 surplus for the month of January, and for the year to date.

	Actual	Budget	Actual	Budget	Total Budget
	Jan 2019	Jan 2019	Year to Date	Year to Date	Year of 2019
<b>Income</b>	15,557.80	10,885.91	15,557.80	10,885.91	132,531.00
<b>Expenses</b>	15,355.76	16,078.48	15,355.76	16,078.48	155,272.00
<b>Net</b>	202.04	-5,192.57	202.04	-5,192.57	-22,741.00

Blessings,

Stewardship

# upcoming events

# Winter 2019

[aberdeenpres.org](http://aberdeenpres.org)

## **Ash Wednesday Communion & Soup**

Wed, Mar 6 at 6:30 pm

## **Congregational Meeting**

Sun, Mar 10 Following 10 am Sunday Worship

## **Aging & End of Life Care Workshop**

Sat, Mar 16 from 10 am—1:30 pm

## **Feed the Hungry at First United Methodist Church**

Sun, Mar 31 at 11:30 am Set up

## **Wednesday Night Soup & Study**

Wed, Mar 13, 20, 27 & Apr 3, 10, 17

6:00 pm—7:30 pm

## **Palm Sunday Worship & Cantata**

Sun, Apr 14 at 10 am

## **Maundy Thursday Communion & Soup**

Thurs, Apr 18 at 6:30 pm

## **Good Friday Prayer Vigil**

Fri, Apr 19 from 8 am—5 pm

## **Easter Sunday Worship & Children Easter Egg Hunter**

Sun, Apr 21 at 10 am

First Presbyterian Church of Aberdeen and local community experts are hosting a FREE collaborative community event to provide basic information on a variety of topics that individuals and families face as they or their loved ones get older. You are invited to join in for discussion and learn more about end of life planning.

# AGING & END OF LIFE CARE WORKSHOP

**SAT, MARCH 16, 2019**  
**10 AM TO 1:30 PM**

FIRST PRESBYTERIAN CHURCH OF ABERDEEN  
420 N BROADWAY, WA 98520

A light lunch and refreshments will be provided.

For more info: [www.aberdeenpres.org](http://www.aberdeenpres.org)  
email: [info@aberdeenpres.org](mailto:info@aberdeenpres.org) ~ 360.532.1330

# Stay Active & Independent for Life Program

**EVERY  
WED & FRI**

**10 - 11 AM**

**FELLOWSHIP HALL  
FIRST PRESBYTERIAN  
CHURCH OF ABERDEEN**



**STAY ACTIVE & INDEPENDENT FOR LIFE PROGRAM  
THE SENIOR EXERCISE PROGRAM IS UTILIZING OUR FELLOWSHIP HALL  
FOR ITS CLASSES EVERY WED & FRI.  
IT IS A GREAT PROGRAM AND IT IS FREE FOR OUR CHURCH MEMBERS.  
PLEASE CONTACT DANIELA WERNER AT 360-500-3969  
IF YOU WOULD LIKE TO SIGN UP.**



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JOIN THE  
**party**

Every Thurs 11 am at Fellowship Hall (Beginning Mar 14, 2019)

First Presbyterian Church of Aberdeen

Birthday List as of August 24, 2018

**January**

DeSalvo, Dorothy  
 Caskey, Michelle  
 Hole, Pat  
 Ball, Judith  
 Tupper, Weston  
 Goheen, Fred  
 Jones, Kerri  
 Davis, Susan  
 Kiliz, Ann  
 Goheen, Barbara  
 Kolb, Laurie  
 Smith, Audrey  
 Babcook, Briana  
 Scott, Georgia  
 Carthum, Harry

**February**

Crow, Dick  
 Babcook, Brent  
 Amada Smith  
 Cavin, Sara  
 Sundstrom, Patty  
 Wright, John  
 Greeley, Tara  
 Ritter, Hadley  
 Basler, Addie  
 Whitaker, Laura  
 Small, Keziah

**March**

Caskey, Alyssa  
 Tupper, Daniel  
 Daniels, Ella  
 Wright, Candis  
 Sundstrom, Taylor  
 Plemmons, Floyd  
 Neisinger, Bob  
 Light, Aries  
 Tupper, Jolene  
 Beard, Karin  
 Hood, Griffin  
 Sundstrom, Colton  
 Cavin, Kendall

**April**

Sundstrom, Dan  
 Crow, Dorothy  
 Anderson, David  
 Carthum, Margaret  
 McNeal, Jeannie  
 Cavin, Bryn  
 Caskey, Barrett  
 Basler, Issac  
 Corban, Ericka  
 McNeal, Scott  
 Light, Judy Mei  
 Tupper, Dan  
 Greeley, Nick  
 Jamtaas, Jaime  
 Hole, Rich

**May**

Wirta-Daniels, Nikkol  
 Robinson, Myles  
 Caskey, Kevin Sr.  
 Hall, Beverly  
 Basler, Doug  
 Ritter, Brian  
 Ross, Gean  
 Caskey, Kevin Jr.  
 Oliver, Scarlett

**June**

Chrisman, Kelly  
 Ritter, Suzy  
 Long, Chloe  
 Nielsen, Ruth  
 Ross, Don  
 Beard, Eric  
 Sutera, Kelly  
 Becker, Stephanie  
 Nelson, Sheryl  
 Landstrom, Janet  
 Caskey, Barb

**July**

Long, Bonnie  
 Cavin, Darby  
 Randich, Carleen  
 Leggett, Steve  
 Light, Scott  
 Gordon, Corliss  
 Small, Levi  
 Beyer, Bill  
 Cavin, Steve  
 Hood, Jeff

**August**

Peterson, Wes  
 Neisinger, Nancy  
 Smith, Dawn  
 Landstrom, Robert  
 Jensen, Cyndi  
 Ritter, Madi

**September**

Sturm, Marilyn  
 Anderson, Elaine  
 Plemmons, Shelley  
 Small, Titus  
 Oliver, Hadley  
 Piehl, Becky  
 Jensen, Larry  
 O'Brien, Leslie  
 Ritter, Madi  
 Basler, Katie  
 McWilliams, Florence

**October**

Cavin, Sue  
 Battersby, Brenda  
 Beard, Jo  
 Hood, Margo  
 Long, Kara  
 Babcook, Nancy  
 West, Opal  
 Noggles, Marian

**November**

Tupper, Silver  
 Harris, Richard  
 Caskey, Kasie  
 Kolb, Gary  
 Lanning, Gordon  
 Small, Mordecai  
 Coic, Jinnifer  
 Wirta, Nadia  
 Harris, Richard  
 Basler, Jackson  
 Piehl, Glen  
 Smith, Michele  
 O'Brien, John  
 Long, Brett

**December**

Smith, Patti  
 Smith, Steve  
 Sutera, Tom  
 Peterson, Kay  
 Beard, Jeff  
 Evans, Elsie  
 Small, Mattaniah  
 Long, Levi  
 Piehl, Glen  
 Backholm, Doris  
 Morgan, Jan  
 Lanning, Pat  
 Morgan, Bill  
 Anderson, Carolyn

If you don't see your name on the Birthday List,  
 please contact the Church Office at 360.532.1330 or email at [info@aberdeenpres.org](mailto:info@aberdeenpres.org)